



July 24th, 2021

BED RACE RULES

BED RACE GOALS:

1. To have fun and provide Family Fun Entertainment

REGISTERED TEAMS WILL:

1. Plan a 5-member Race team and Theme, gather your Family, Friends, Teammates or Coworkers
2. Construct & decorate a race bed based on rules below
3. Race their Bed creation on the Evans Mills Raceway Park on Saturday July 25th in conjunction with the Nicole Berry Garnsey Memorial Health & Wellness Night.

BED RACE RULES:

BED DESIGN:

Beds must measure at least 3 feet by 6 feet, (Queen, Full or twin)
But no more than 6 feet by 8 feet ~ handles included.
Bed must have Headboard and footboard.
Beds may have push bars on each corner of the bed.
Beds must include a mattress; pads do not qualify.
Beds must be designed with four functional wheels that make contact with the race surface at all times, no motorized or mechanical assistance allowed, no steering, braking, turbos, nitrous or traction control devices ...

All beds will be inspected prior to racing for safety and mechanical issues.

Teams: Racing Teams consist of 5 members, 4 runners and 1 rider.

Safety: All bed racers must sign the Waiver of Liability and acknowledgement of the race rules and regulations prior to participating in the event.
Theme or costume attire is **STRONGLY ENCOURAGED**, keep in mind this is a **FAMILY VENUE**. (vulgarity or profanity will not be permitted, please)
All racers & riders must wear athletic footwear and nothing less than a bike helmet.

Racing rules: Race configuration will be based on # of registrants
Ideally will be bracket style.... (tbd by race director)
Bed riders must lay flat on the bed, standing is forbidden.
All runners/pushers must be in control of their bed until it comes to a complete stop.
Teams may not interfere with the progress of an opposing team.
Alcohol consumption must be refrained until post-race

Awards:	"Bed Soars"	Fastest Team
	"Dream Team"	Most creative theme/costumes
	"The Bedpan"	Biggest "wipe "out
	"Sweet Dreams"	People's Choice Award

